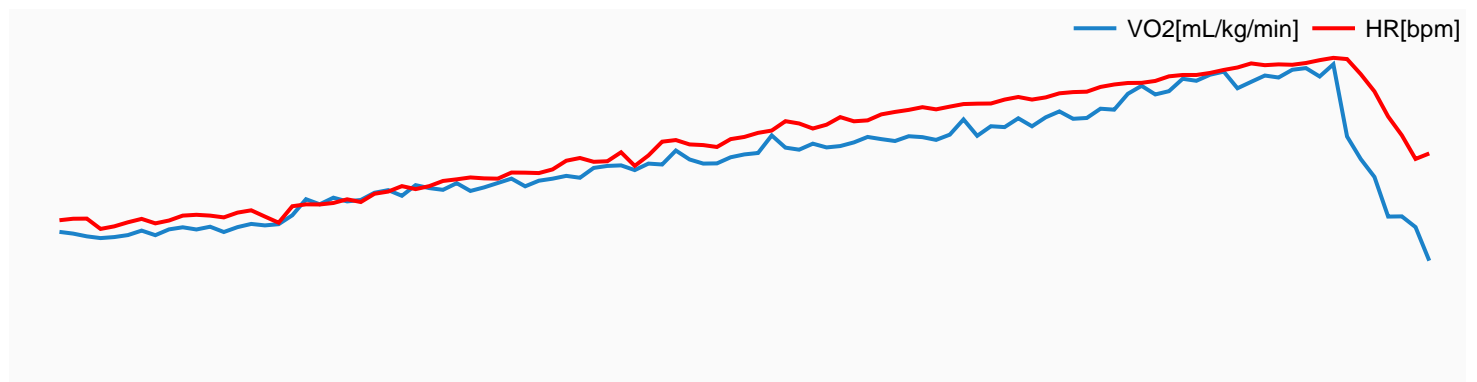


Rf [bpm]	Ve [L/min]	HR [bpm]	VO2 [mL/kg/min]
Max	Max	Max	Max
55,5	144,4	184	52,5
Min	Min	Min	Min
21,6	42,0	100	14,0
Average	Average	Average	Average
39,4	79,7	143	33,5

Temp [C]	FeO2 [%]	Tv [L]	Ve/VO2 []
Max	Max	Max	Max
38,24	18,8	2,9	60,79
Min	Min	Min	Min
37,21	16,1	1,4	26,88
Average	Average	Average	Average
37,63	16,7	2,0	31,02

Pressure [hPa]	Temp [C]	HUM [%RH]	Power - 2 [W]
Max	Max	Max	Max
1002,5	20,9	76	380
Min	Min	Min	Min
1002,2	20,6	53	0
Average	Average	Average	Average
1002,4	20,6	63	247



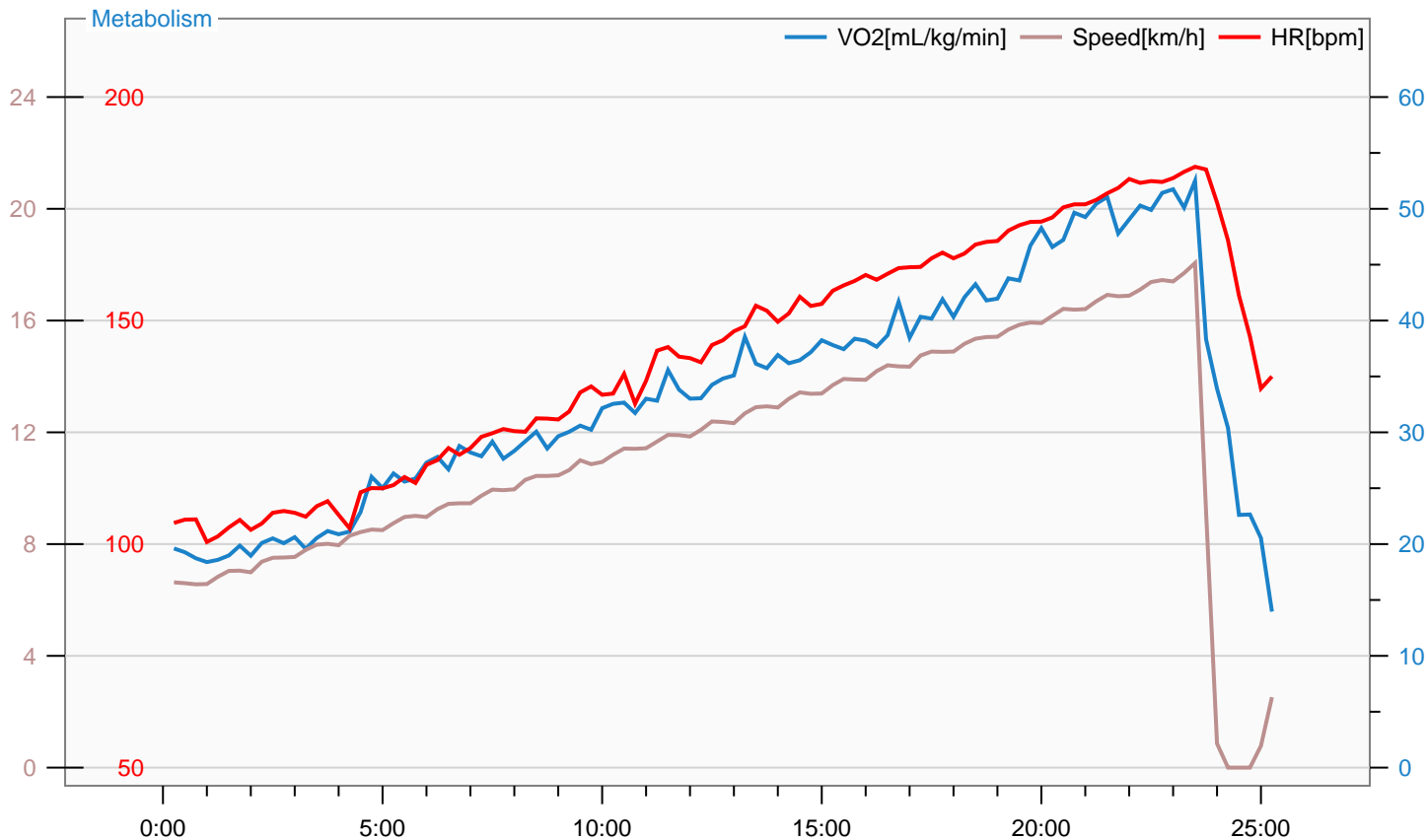
Workout Name vo2max test 18,5			Athlete Name Anton Silenin		Weight 76,8 kg
Test Date - Europe/Moscow 25.01.2022 16:41			Date of Birth 1985.07.19 (36)	Sex Male	Height 190 cm
Elapsed 00:25:02	Data Average 15s	PDF Version 1.4.8.0	Notes		
User Piece Size Large	Mask Size Small				



HR Min: 100 Max: 184 Avg: 143

Speed Min: 0,0 Max: 18,1 Avg: 11,3

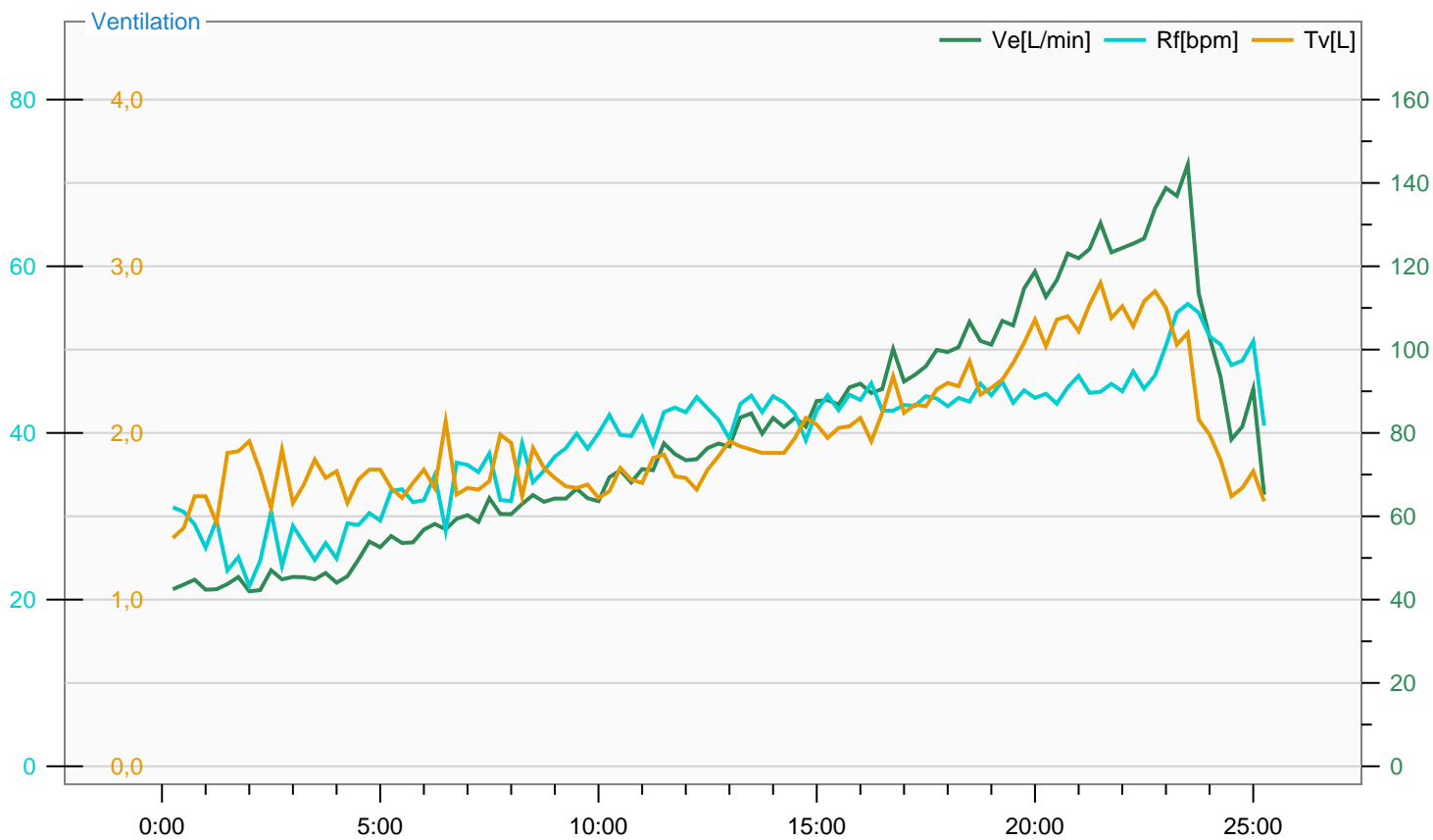
VO2 Min: 14,0 Max: 52,5 Avg: 33,5



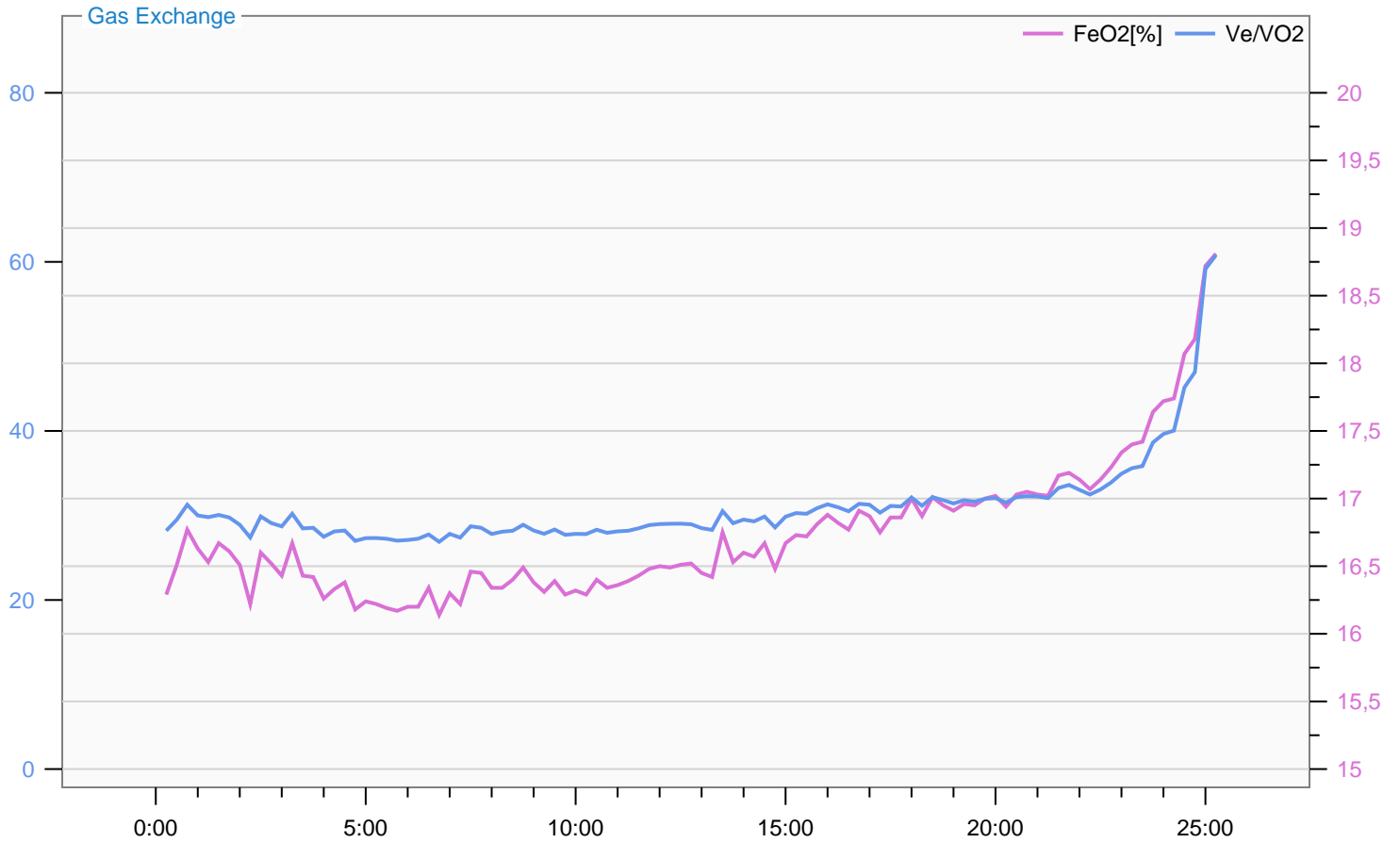
Tv Min: 1,4 Max: 2,9 Avg: 2,0

Rf Min: 21,6 Max: 55,5 Avg: 39,4

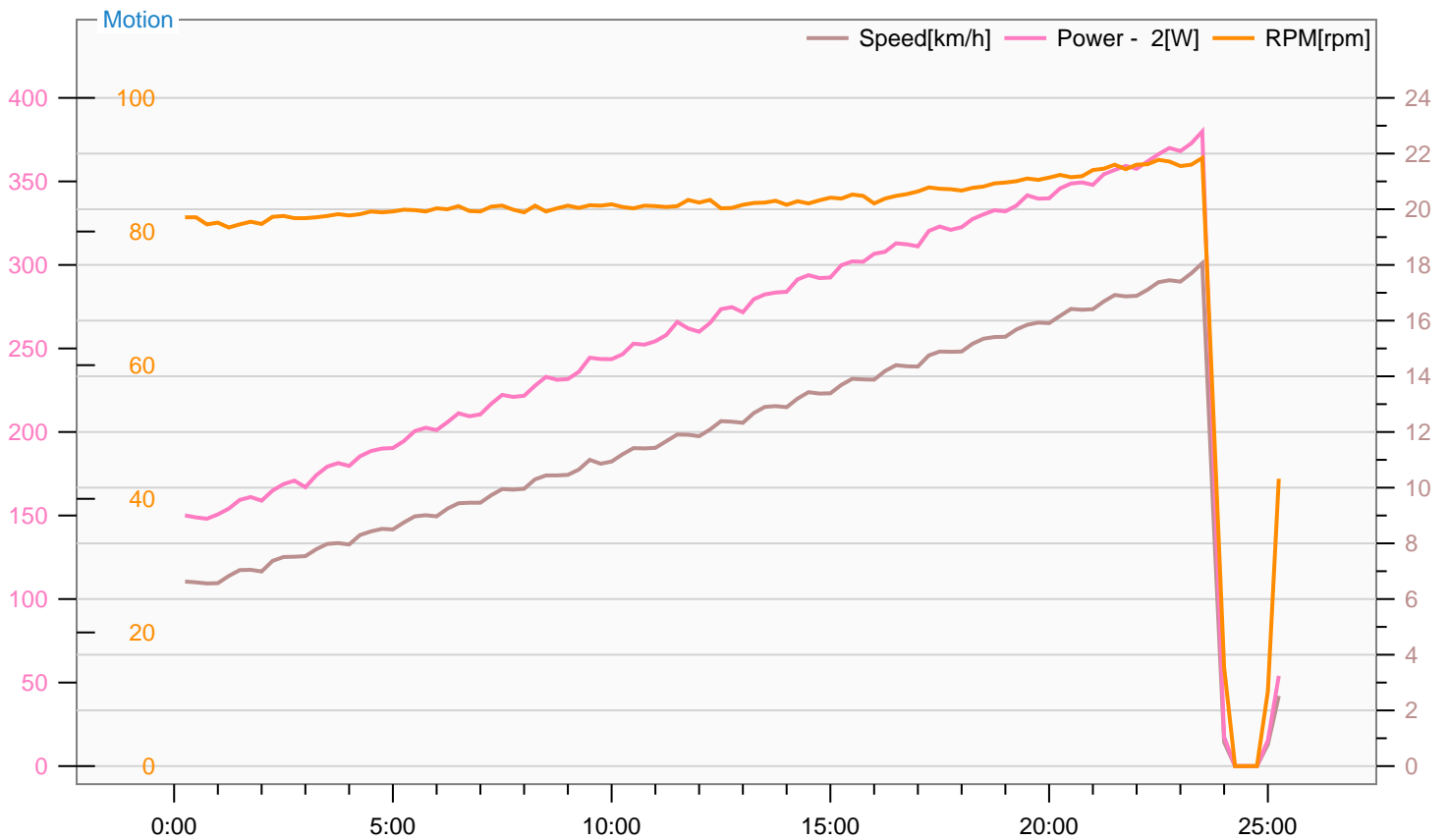
Ve Min: 42,0 Max: 144,4 Avg: 79,7



FeO2 Min: 16,1 Max: 18,8 Avg: 16,7 Ve/VO2 Min: 26,88 Max: 60,79 Avg: 31,02



RPM Min: 0 Max: 91 Avg: 80 Power - 2 Min: 0 Max: 380 Avg: 247
 Speed Min: 0,0 Max: 18,1 Avg: 11,3



Device Information

Name	Measurement Types	Description
GeoLocation (GPS) (1 GPS Device System Provided GPS)	Dist, Elevation, Long, Lat	
Polar H10 99AA3621 (H10 36AA99FEFF1A9EA0 Polar Electro Oy)	HR, RR	
VO2 Master 642 (1.4.4 8202000000043EEE VO2 Master Health Sensors Inc.)	Rf, Ve, VO2, FeO2, VO2, Tv, Ve/VO2, Pressure, Temp, HUM	
Stryd (16 Stryd)		
CORE [a] (- CORE [a])	Temp	